

# Community Health & Wellness Day



Little RED Bus-FREE Movie Tickets



Hosted at:



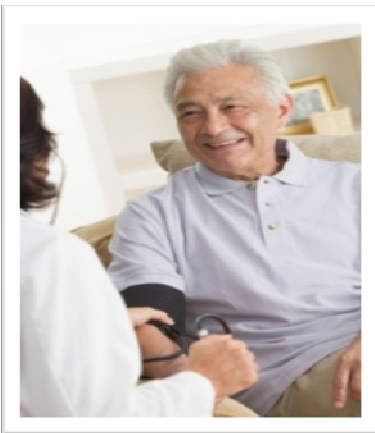
**Serenades**  
Memory Care Assisted Living

*by Sonata*

*Wednesday*  
*February 29th*  
*10am-4pm*

*\*\*\*FREE\*\*\**

- Blood Pressure Checks*
- Pulse Ox Testing*
- Cervical Spine Screenings*
- Vision Screenings*
- Hearing Screenings*
- Zumba Sessions*
- Mini Massages*
- Nutritional Evaluations*
- Advance Directive Consultations*
- VA Benefits Consultations*
- Healing Memories by Hypnosis*
- Answers to Foot Pain*



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