



NOVEMBER 2016

GIVE TO THE COMMUNITY  
LEARN ABOUT OUR INDUSTRY

*Grow as a Professional*

## Speaker Spotlight

**Gloria Gluskin, LCSW**  
**Care Manager, FHL Care Management, LLC**

Gloria is a Licensed Clinical Social Worker and Advanced Professional Care Manager with FHL Care Management.

She has over 35 years of experience working with clients with psychiatric and behavioral issues, now specializing in working with families and facilities in the nonpharmacologic management of Elder clients with challenging behaviors.



The FHL team: (L to R) Sara Rodriguez, Dianne Reynolds, Gloria Gluskin, Thelma Woolridge, and Stephanie Smith

### About FHL Care Management, LLC

FHL Care Management is a Professional Care Management firm whose mission is to maintain the highest quality of life, both for family caregivers and the person's needing care as well. FHL does what family members would do if they had the time and expertise. They have a long-standing knowledge of the medical and professional community and of the many resources and care-related services available.

FHL's Professional Care Managers are expert elder care advocates and advisers. A team of registered nurses and social worker specialists serves families with their comprehensive knowledge of medical issues and social service resources in the community.

FHL Care Management is the exclusive care management provider at One Senior Place. Learn more at [www.fhlcaremanagement.com](http://www.fhlcaremanagement.com).

### CERA BOARD MEMBERS

Chris Bouille, President  
407-687-5242

Tom Willoughby, Vice President  
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407-977-9171

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407-473-8246

Tracey Thomas, Ambassador  
Longwood Health& Rehab  
407-312-9578

Michelle Steffano, Newsletter/Web  
One Senior Place  
407-949-6733

# Networking Calendar

## TRIAD SEMINOLE COUNTY

[www.SeminoleCountyTriad.org](http://www.SeminoleCountyTriad.org)

1st Wednesday of Each EVEN Month at 3:00-4:30pm

Location: Lake Mary Police Department

Contact: Linda Cavanaugh at 407-265-0534 or

[Linda@50plusResourceNetwork.com](mailto:Linda@50plusResourceNetwork.com)

## FIRST THURSDAY MARKETING

1st Thursday of Each Month at 9:00am

Location Varies Each Month

RSVP/Contact: Jennefer Cochran [fristthursday@live.com](mailto:fristthursday@live.com)

## COMMUNITY EDUCATION & RESOURCE AFFILIATION

(CERA) [CERACentralFL.org](http://CERACentralFL.org)

2nd Thursday of Each Month at 11:30am

Location: Horizon Bay at Lake Orienta

217 Boston Avenue, Altamonte Springs

Cost: \$14 members, \$19 non-members; +\$2 for no RSVP

RSVP/Contact: Brenda Lyle 630-229-2089 or

[brendalyle2015@gmail.com](mailto:brendalyle2015@gmail.com)

## GUARDIANSHIP MEETING

2nd Tuesday of Each Month at 12:00pm

Location Varies Each Month

Cost: \$10 for non-members; Lunch will be served

Must RSVP/Contact: Carol Spears 407-492-0595 or

[cspears2@cfl.rr.com](mailto:cspears2@cfl.rr.com)

## SEMINOLE HEALTH & HUMAN SERVICES NETWORK (SHHSN)

Last Wednesday of Each Month at 11:30am

Location: VITAS Healthcare

2201 Lucien Way, Suite 100, Maitland

Cost \$15.00 with RSVP/\$18 without RSVP

Contact: Terry Lewis 321-239-8315

## CASE MANAGERS SOCIETY OF AMERICA (CMSA)

[www.centralfloridacmsa.org](http://www.centralfloridacmsa.org)

4th Thursday of Each Month at 11:30am

Location: Winter Park Towers, 407-647-4083

1111 S Lakemont Ave, Winter Park

CEUs for nurses \$15.00

## FLORIDA ASSISTED LIVING AFFILIATION (FALA)

Location Varies Each Month

Must RSVP; Members are Free, \$20 non-members

Contact: Jackie Cortese at

[jcortese@seniorlivingguide.com](mailto:jcortese@seniorlivingguide.com)

## 50+ Plus FYI NETWORKing Meeting

3rd Friday of the Month at 11:15 am

Cost: \$5 at the door

May, June, July, Sept, Nov, Dec Location:

Oakmonte Village 407-444-0122

101 Royal Gardens Circle, Lake Mary

Apr, Aug, Oct Location:

Westchester of Winter Park (BYOL)

558 N. Semoran Blvd, Winter Park

Contact: Linda Cavanaugh 407-265-0534 or

[Linda.Cavanaugh@50PlusFYI.org](mailto:Linda.Cavanaugh@50PlusFYI.org)

## HEALTHCARE SALES & MARKETING MEETING

3rd Tuesday of Each Month at 8:30am

Location Varies Each Month

Must RSVP/Contact: Carol Spears 407-492-0595 or

[cspears2@cfl.rr.com](mailto:cspears2@cfl.rr.com)

## HEALTHCARE INDUSTRY NETWORKING TEAM (HINT)

[HintFL.org](http://HintFL.org)

1st Tuesday of Each Month at 11:30 a.m.

Location: Gabby's Banquet & Event Facility

699 S. Highway 27, Clermont, FL 34711

Lunch Cost: \$20.00 per person

Contact: Deborah Snow 352-406-8465 or

[info.healthcarenetworkingteam@gmail.com](mailto:info.healthcarenetworkingteam@gmail.com)

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## Become a Door Prize Spotlight Sponsor

Door Prize Spotlight Sponsors are given up to 5 minutes to address the audience at the monthly meeting and are featured in the monthly newsletter. If you are interested in being a Door Prize Spotlight Sponsor at an upcoming CERA meeting, please contact Gina Brooks at 407-542-7821 or [ginabrooks@comfortkeepers.com](mailto:ginabrooks@comfortkeepers.com).

## Connect with Us

[ceracentralfl.org](http://ceracentralfl.org) | [facebook.com/CERACentralFlorida](https://facebook.com/CERACentralFlorida)



## Door Prize Spotlight

Our Altamonte Springs Comfort Keepers has been serving in home care to the greater Orlando community for 15 years. We are part of your neighborhood, and we are so proud to help seniors in our area live active, healthy lives from the comfort of their own homes. We hold our team to the strictest of standards, so we can ensure consistent, reliable service to our clients. You can depend on us for outstanding in home care that will provide you and your family peace of mind. Our phones are answered 24-hours a day, so call 407-774-4457 today to speak with an in home care expert and discuss how we can help you and your family today.

Licensing Number: HHA 299992868



**Comfort  
Keepers®**

*Comforting Solutions for In-Home Care®*

## Door Prize Spotlight

Baldwin Brothers Funeral & Cremation Society is family owned and operated, serving Central Florida since 1980.

Baldwin Brothers is Central Florida's cremation and funeral service leader, offering burial, cremation, and Green Cremation services.

We own our own crematories and have 9 convenient locations throughout Central Florida. We provide services with simplicity, flexibility, and affordability.

[www.BaldwinCremation.com](http://www.BaldwinCremation.com)

Toll Free: 877-410-2424



## Newsletter Sponsor

**One Senior Place** is a one-stop resource and information office for advice, care, and services for seniors, caregivers, and those facing retirement. Seniors and their family caregivers come to us for a FREE 30-minute consultation with our Aging Services Manager, Emily Stowers, MSW, who will refer them to the appropriate resources and services - maybe your business!

We offer companies effective, targeted exposure to seniors, adult children and baby boomers through leasing offices and showrooms as well as display advertising opportunities in our Senior Resource Library and Living Options Showroom.

Call Emily Stowers or Michelle Steffano at 407-949-6733 for more information.

[www.OneSeniorPlace.com](http://www.OneSeniorPlace.com)



*The Experts in Aging*

# 2016 Membership

The Membership fee is \$60 for CERA or HINT and \$100 for both. You can find the membership application on the website, [www.ceracentralfl.org](http://www.ceracentralfl.org). We will also have some applications at the meeting.

Please note that as of this time we can ONLY accept checks and cash for dues and or lunch meeting. The fee for the meeting is \$14 for members who RSVP.

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## 2016 CERA Members

Admire Care

Advanced Nursing Concepts

AGED, Inc.

Alpha Home Health

Baldwin Brothers Funeral & Cremation Society

Baldwin-Fairchild Funeral Home

Bridgeport Senior Living

Burgos & Brein Wealth Management

CarePatrol of Orlando

CarePlus Health Plans

Comfort Keepers of Altamonte Springs

Comfort Keepers 305, 493, 701

Community Health Centers, Inc

Compass Research

Cornerstone Hospice & Palliative Care

Counseling Resource Services, Inc.

Creating Diving Order

CYA Home Inventory Services

Dignity Memorial - Chapel Hill Cemetery/Baldwin Fairchild

Gloria Gluskin FHL Care Management

Gordon Insurance Group

Health Plan Markets

HealthSouth Rehabilitation Hospital

Homes Care Assistance

It's Now or Never Events

Jewish Pavilion

JSA Healthcare

Mike Flahaven, Keller Williams Advantage Group  
III Realty

Longwood Health & Rehab Center

Meals on Wheels, Etc.

Newport Senior Link

One Senior Place

Orlando Family Physicians

Osceola Council on Aging

Pediatric Services of America

Promise Hospital

PSA Healthcare

Rana Tiwani-Elder Law

Sawyer & Sawyer, P.A.

Senior Connections LLC

Senior Helpers

Senior Living Guide

SMS Orthotics & Prosthetics

Serenades by Sonata Longwood

Share the Care, Inc.

Sunbelt Medical Supply & Oxygen

Sutton Homes

Synergy Home Care

The Elder Law Center of Kirson & Fuller

The Law Offices of Hoyt & Bryan

The Law Office of Kathleen Flammia

The Orlando Law Group, PL

Tom Willoughby

Veterans & Medicaid Planning Group

VITAS Healthcare

Volunteers for Community Impact

Winston House

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